Gendai

URNIK VADB 2019-2020

PONEDELJEK	
ura	program
16:30-17:30	pilates
18:00-19:00	rekreacija
19:00-20:00	HIIT
20:00-21:30	joga

TOREK	
ura	program
08:30-10:00	judo reprezent.
16:30-17:30	judo otroci
17:30-18:30	judo otroci
18:30-19:30	aikido 3
19:30-20:45	aikido 1,2
21:00-22:00	taiko

SREDA	
ura	program
07:00-08:00	joga
16:00-17:00	rekreacija
18:00-19:00	rekreacija
19:00-20:00	aikido individual
20:00-21:30	joga

CETRTEK	
ura	program
08:30-10:00	judo reprezent.
16:30-17:30	pilates
17:30-18:30	judo otroci
18:30-19:30	aikido 3
19:30-20:45	aikido 1,2
21:00-22:00	taiko

PETEK	
ura	program
17:00-18:00	aikido individual
18:00-19:00	judo
19:00-20:00	aikido
21:00-22:00	taiko